



# Help us fill a Holiday plate!



Every year, City Union Mission serves around 1,500 families to provide them meal bags for their families for the holidays.

**It's a big undertaking and we couldn't do it without you!**

Please take the time to shop for these items and place them in a quality paper bag (preferably not a lightweight plastic bag). This will help ensure that the meal bag is delivered intact to the family.

## Shopping List—

Each bag should contain the following non-perishable items (for a family of four):

**Instant Potatoes** - (1) large 16 oz. box  
**Gravy Mix** - (2) packets  
**Marshmallows** - (1) small bag  
**Cranberry Sauce** - (1) can  
**Pie Crust Mix** - (1) 15 oz. or (1) 21 oz. box

**Stuffing Mix** - (2) boxes  
**Yams** - (2) 15 oz. cans  
**Green Beans** - (2) 14 oz. cans  
**Pie Filling** - (1) 15 oz. can  
**Crystal Light Drink Mix** -  
(1) 4 or 6 count package

• Sizes are approximate. Please match items as close as possible to list.

**When:** Please deliver items between October 15 - December 16,  
Mon - Fri, 8:30am - 3:30pm

**Where:** City Union Mission - Community Assistance Center  
1700 E. 8th Street, KCMO 64106  
(Located 2 Blocks East of 8th & Paseo)

*Thank You!*

For more information, email— [Drives@cityunionmission.org](mailto:Drives@cityunionmission.org); or contact Dennis Ellis (*Church Relations Specialist*) - (816) 329-1466 or Karla Schuning (*Corporate Manager*) - (816) 841-6180  
Or visit [cityunionmission.org](http://cityunionmission.org).