

YOUR CITY.
YOUR MISSION.
CITY UNION MISSION.

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Connecting From the Executive Director

Executive Director Dan Doty and Mission staff and volunteers help guests find endless joy in Jesus Christ.

Dear Friend,

As many adults in our shelters recall their dysfunctional childhoods—and boys and girls in our youth programs share the realities of their current living situations—they speak of children

forced to make adult decisions and of absentee, addicted or "unprotective" parents who either don't care about their youngsters or don't know how to keep them safe.

I'm saddened when I hear such tragic accounts. They prompt me to remember my blessings as a child raised in a family where both parents were present, loved God and truly cared for my needs. Yet I know that apart from a life-altering relationship with Jesus Christ, man can do horrendous things to other human beings, even their own children.

Some of the most moving words I've ever heard came from former Christian Life Program graduate and current staff member Johnny Evans. In his testimony he says with tears of sadness and joy, "I'm so happy 'cause I've been trying to do it for so long." He's recalling the vast majority of his life spent trying to find happiness and answers apart from Jesus Christ, pursuing what often brought pain to others and only temporary relief from his despair.

Psalm 56:8 speaks of God keeping a record of our tears—even collecting them in a bottle. He truly cares for the overwhelmingly difficult lives of the men, women and children we seek to love every day. Thank you for loving them through us!

For His glory,

Rev. Daniel J. Doty

**Executive Director** 

You've kept track of my every toss and turn through the sleepless nights, each tear entered in your ledger, each ache written in your book.

Psalm 56:8 (The Message)

# **Looking for a Way to Connect?**Get Started Online!

City Union Mission is blessed with scores of adults and youth—along with groups from churches and businesses—who want to connect with our community by serving as Mission volunteers. To make the application process quick and convenient for our growing number of Mission partners, we've taken it online. If you'd like to volunteer, visit **www.cityunionmission.org** and click on the green VOLUNTEER button. You'll find a list of available opportunities, as well as a link to the online application process. Applications are reviewed once a week and you should hear back from our volunteer coordinator within 10 days! Thank you for serving with us!



# Grandson is Inspiration for Breaking a Tragic Cycle

"My grandson is what brought me to the Mission," says Dennise, who has been caring for Michael—now 4—since her daughter went to prison two years ago. "I didn't want the same things to happen to him that I'd done to my daughter and my parents had done to me."

Dennise remembers getting high and drunk with her mother in grade school. Sadly, that wasn't the only heartbreaking situation she faced at home. "I'd watch my dad shoot up. Then he'd beat my mom and leave." He abused his young daughter sexually, too. Eventually, Dennise's parents split up and left her and her siblings with their grandparents.

As an adult, Dennise continued her drug use and started running—from herself, from her children and from the tragedies she faced as a child. "Like my mom, I just kept feeding myself drugs and running from my failures and past hurts." Dennise's daughter continued the pattern of substance abuse and crime, and like her grandparents, Dennise found herself with young Michael. She was still using drugs when Michael came to live with her. There were no lights in her tiny apartment and only cold running water. She begged for food for Michael from neighbors and relatives. "It was so hard

on him—it brought me to the bottom," she recalls with tears in her eyes. She knew Michael was the family's only hope to break the cycle. But she had to make changes in her own life first.

Dennise and Michael came to City Union Mission's Family Shelter in April 2009, and she entered our New Life Program. "The Mission has helped me so much—from my health and my inner-self to decision-making and caring for my grandson—and I know that everything I'm learning comes from the Bible!" Today she's graduated from our program, is working on her GED and has applied for housing. Michael has blossomed in the Mission's stable and loving environment and will start kindergarten in the fall. Dennise believes coming to the Mission is God's plan to end her family's vicious cycle. "I'm praying this will be a changing point for my grandson and my daughter, too," she says, with tears of joy!

**Dennise says City Union** Mission is so much more than a homeless shelter: "It's an opportunity to grow in life!"



City Union Mission Cook Mary Sturgeon believes "anything you cook—if you don't try to season it and make it from your heart—it won't be any good."



# Filling Hungry Bodies and Souls

"I cook from my heart and I love to see people eat. That's why God put me here," says City Union Mission Cook Mary Sturgeon. Mary prepares breakfast and lunch—more than 300 meals daily—for the guests in our Men's Emergency Shelter. And in keeping with the Mission's heart-healthy objective to minister physically as well as spiritually, she does her best to provide a menu that is balanced and nutritious.

This might be a challenge for cooks in some kitchens, like City Union Mission, where much of the food is donated. But Mary, a country girl who's been cooking all her life, takes pleasure in finding creative ways to prepare wholesome meals. "For example, we get a lot of ribs: I make rib stew, ribs and rice, and barbecued ribs. For each meal, I try to provide meat, a green vegetable and a starch. We try to have bananas or apples or a fruit cup every morning. I work with

what I have to make sure these men have enough to eat and that it's presentable and tasteful." And when she sees the expressions on the men's faces when they see what she's cooked up, she knows her work is good.

But filling hungry bodies isn't the only part of Mary's job that brings her satisfaction, she also fills hungry souls. Shelter residents assist in the kitchen, and Mary opens her heart to them. "When the men come in the morning, they're happy to see me. I ask them how they're doing. I want to make them feel worthy—give them self-esteem."

We are grateful for Mary's passion for preparing healthy menus and for the wholesome food donated by so many caring individuals and organizations that allows us to keep our meal costs low.

# Strategic Teams Plan for the Future

Our City Union Mission administration and staff not only work hard to stay on top of the changing needs of the men, women and children we serve, we also plan proactively to stay *ahead* of them. For nearly a decade, strategic teams made up of representatives from every department of the Mission have been meeting regularly to assess trends and needs in the city, evaluate our programs and develop opportunities to improve our services in support of our mission and vision.

For example, the Bible says our bodies are members of Christ (1 Corinthians 6:15)—and building a healthy body is a major component of building and maintaining a stable life. So one area under consideration today is a shift toward more heart-healthy living. Not only does this encompass the food served in our facilities, but also the educational programs we offer residents in our long-term recovery programs. We want to provide these committed individuals with options for proper diet, exercise and weight

management while they're in our care and also teach them how to make appropriate choices to maintain good health when they're on their own.

Over the years, recommendations from our strategic teams have also led to new practices to identify and remedy wasted resources; a system to ensure consistent scheduled maintenance of all Mission facilities; a study to identify ways to improve program completion rates and dozens of other initiatives to improve our outreach and client outcomes.



Please pray for our staff members who have made their commitment to the work of these strategic teams a priority in addition to their everyday responsibilities. Their efforts enable **Your M**ission to serve the hungry, homeless and poor of **Your C**ity as effectively and efficiently as possible.

## Kids Help Kids at "Bring Your Child to Work Day"

Employees of **Assurant Employee Benefits** and their children celebrated "Bring Your Child to Work Day" by stuffing more than 1,000 backpacks with school supplies for City Union Mission. The backpacks and materials were donated by the employees themselves, and Assurant provided large pallet boxes to transport the final products to the Mission. The children



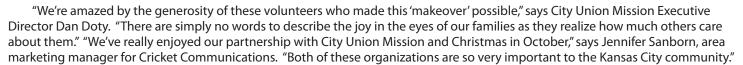
also held a bake sale, and the proceeds were matched by the company, netting an additional \$200 for the Mission. Volunteers from the company will be on hand for the distribution of the backpacks to needy youngsters during the Mission's **Stuff the Bus** event in August.

"Our employees have big hearts," says Jonna Kaiser, who organized the project for Assurant. "And we want to instill in our kids how blessed they are that, for example, they get to pick out their own backpacks and school supplies." City Union Mission is grateful for the company's generosity and the inspiring example they set for other businesses in the community that want to make a difference.

# Cricket Communications and Christmas in October Provide a Mission "Makeover"

Christmas came early for parents and children in City Union Mission's Family Shelter. In April, **Cricket Communications**, in conjunction with **Christmas in October**, spent the day painting, planting, mulching and landscaping to increase the comfort, safety and functionality of the Family Shelter's Rainbow Room (common gathering area) and playground. The contributions of money, materials and manpower included:

- Installing \$5,000 worth of rubber crumb mulch around our outdoor playground equipment
- Building, installing and replacing picnic tables and benches
- Planting \$20,000 worth of trees—donated by Hermes Landscaping
- Painting, installing high-efficiency lighting and replacing the chalkboard in the Rainbow Room





### **VBS** is all about Kids!

Vacation Bible School has always been about children—and now at **Covenant Chapel**, it's about kids helping other kids! The church has shifted its VBS curriculum away from what the youngsters get in the form of crafts, games and treats to what they can give through outreach here in our community. This year their focus is on City Union Mission.

For example, "They'll learn how the Mission began and hear about people who have been helped and how volunteers can make an impact," says Shawna Ketter, community missions team leader for Covenant Chapel. The youth will also benefit the Mission's City Camp and Camp CUMCITO and collect items like swimsuits, sunscreen and towels for the disadvantaged young campers who will be attending.

"We want children to learn there are needs in our community and how they can meet those needs—how they can be like Jesus," Shawna says. "On the last day, we'll encourage them to continue to share their own faith and to put that faith into action." City Union Mission is blessed by Covenant Chapel and its VBS students who are assisting in the mission field right here in our city.

#### **Bikers Ride for the Homeless**

Nearly 500 motorcycle enthusiasts raised almost \$21,000 in support of City Union Mission's programs and services at the 21st annual *Bikers With a Mission Run for the Homeless* benefit ride on May 2. Funds raised through the event are not included in City Union Mission's annual budget and will go to help clients with emergency needs such as utility assistance, bus tokens, medications, baby formula and eyeglasses. Since its inception, the event has raised \$561,373.



Glenn and JoAnn Hicks were awarded two round-trip tickets provided by **Midwest Airlines** for securing the largest amount of pledges. Jim Buchner received a custom-made knife donated by Bill Miller of **W.M. Knives**, Warsaw, Missouri, for second place.

City Union Mission thanks all the riders who participated and sponsors who donated prizes and made other contributions. Visit **www.cityunionmission.org** for more details and photos from the 2010 ride. Mark your calendar for next year's ride on May 1, 2011.



# Can You Adopt a Day?

Demands for our services don't decline during the summer, but donations usually do. So we're asking compassionate friends like you to "adopt a day" to help a hurting soul.

Due to the generosity of many churches, businesses and individuals providing in-kind gifts that alleviate budgeted needs, we can offer food, shelter and other services—to thousands of people each year—at a cost that would otherwise be much greater. The Mission spends only about \$16.30 to provide one child or adult with emergency services for a day and only \$29.87 per person per day to care for the men, women and families in our long-term recovery programs. For this small amount, we offer life essentials and medical care, as well as Christian counseling, education, job training—and so much more!

Your small investment will bring a big return: The homeless will find food, shelter and opportunities to live productive lives. Please send a gift today in the envelope provided, or donate online at **www.cityunionmission.org**. Your generosity is such a blessing!

# Calendar of Events

#### **City Union Mission Golf Classic, September 7**

Tee-off to help the homeless! Sponsored by **Fiorella's Jack Stack Barbecue**, this popular tournament is scheduled for September 7 at Creekmoor Golf Club, and funds raised will help the Mission provide food, shelter and life-changing recovery programs. For participant and sponsor information, contact Joe Taylor at (816) 305-4088 or jostyalo@pga.com.

#### Stuff the Bus, July 19 – August 14

For families struggling to keep food on the table and a roof overhead, there's simply no money to spare for school supplies and clothing. That's why City Union Mission and **94.9 KCMO** will once again team up to **Stuff the Bus**, our annual drive to provide more than 1,800 disadvantaged children with the supplies they need for school—the most urgent need being Kleenex, socks and underwear! For information on volunteer opportunities and a list of all items needed, visit **www.cityunionmission.org**. Listen to 94.9 KCMO or log on to **www.949kcmo.com** for upcoming remotes and drop-off locations.

Keep up with all the details on upcoming events, volunteer opportunities, lives you've helped to change—and ways to get others involved—when you:



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Add a link to the Mission's Web site on your church, business or personal Web site

## Because You Gave January-May 2010

#### **Financial Update**

FY 2010 Budget (Oct. 1 - Sept. 30) **\$7,177,000.00**Amount Raised as of 5/31/10 **\$6,240,750.64** 

Daily average of homeless sleeping overnight
Daily average of meals served
Approx. number of patients seen for medical issues
Daily average of homeless attending chapel services
Approx. number of salvations and rededications

414 981

3,953 253

205